

Bet type: First_Team_To_Score

Chelsea Women vs Brighton Women

Chelsea Women look to get off to fast start against out-of-form visitors.

TEAM NEWS

Chelsea Women's injury woes have shown no sign of easing, with key centre-back Nathalie Bjorn limping off in tears on the weekend, just minutes into her comeback from a separate injury. It's hard to see her featuring just four days later; and fellow centre-backs Millie Bright and Naomi Girma are also in huge doubt – stretching the club's defensive stocks. Four other players remain sidelined long-term while Australian pair Ellie Carpenter and Sam Kerr are unavailable as they are away at the Asian Cup.

Crucial Brighton Women's trio Moeka Minami, Kiko Seike and Charlie Rule are all unavailable as they are representing their countries at the Asian Cup. There is also a number of players in doubt for this, though the only consequential one would be midfielder Maelys Mpome.

Chelsea Women

Suspended: None

Doubtful: Nathalie Bjorn (leg), Millie Bright (shin), Naomi Girma (injured)

Injured/unavailable: Mayra Ramirez (leg), Brooke Aspin (ACL), Niamh Charles (ankle), Catarina Macario (leg); Ellie Carpenter and Sam Kerr (Asian Cup)

Brighton Women

Suspended: None

Doubtful: Aisha Khamis Masaka (knee), Maelys Mpome (injured), Marit Auee (injured), Tahirah Heron (hamstring)

Injured/unavailable: Moeka Minami, Kiko Seike and Charlie Rule (all Asian Cup)

MATCH PREVIEW

MAIN PREDICTION: First to Score - HOME

It wasn't exactly pretty, but Chelsea Women were crowned League Cup champions on the weekend; scraping past Manchester United Women 2-0 in a match that was the epitome of Chelsea. That's finding a way to win despite not necessarily being the better team – and that's something they are primed to do yet again here against Brighton Women in a midweek clash. Brighton Women haven't played now in almost a month thanks to both international break and this clash being rescheduled. That spells danger, especially away from home against the reigning champions. Chelsea Women have got off to lightning starts often this season, with seven of their goals coming in the opening 15 minutes; while they have been the first team to score in 13 of their 16 matches thus far. Thus the First to Score market against a visiting team that has lost four of their last five matches in the league is very appealing for bettors at great confidence. The Half-Full double also appeals at even better value; with only Chelsea Women's mounting injury concerns tapering the confidence in that somewhat. Brighton Women are also missing a number of key players due to Asian Cup participation, and don't have anywhere near the depth of their opponents. You can bet with confidence that Chelsea Women will get the job done in this match even though they are not at their best.

HEAD TO HEAD

Brighton Women haven't managed to beat Chelsea Women in three attempts, though they did manage an entertaining 2-2 draw late last season. They've typically been high-scoring affairs, with all three finishing with over 2.5 total goals as Chelsea Women enjoying a nine goal to four advantage from these clashes. Predictably, Chelsea Women dominated their encounter earlier this season, winning 3-0 on the back of 66% possession and double the amount of shots on target.

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Bet type: HaFu

Arsenal Women vs West Ham Women

Arsenal Women look set to continue brilliant 10 match unbeaten run.

TEAM NEWS

Arsenal Women's trio Caitlin Foord, Kyra Cooney-Cross and Steph Catley are unavailable for this match as they are away representing Australia at the Asian Cup; though only the latter is a regular starter.

Katina Gorry and Riko Ueki will miss this match for West Ham Women as they will be playing in the Asian Cup final while Shelina Zadorsky will continue rehab for her ankle.

Arsenal Women

Suspended: None

Doubtful: None

Injured/unavailable: Manuela Zinsberger (ACL), Katie Reid (ACL), Michelle Agyemang (ACL); Kyra Cooney-Cross, Steph Catley and Caitlin Foord (all Asian Cup)

West Ham Women

Suspended: None

Doubtful: None

Injured/unavailable: Shelina Zadorsky (ankle); Katrina Gorry and Riko Ueki (Asian Cup)

MATCH PREVIEW

MAIN PREDICTION: HalfFull – HOME/HOME

After yet another comfortable win last round, Arsenal Women's unbeaten run in the league extended to 10 matches. They've conceded just four goals in that time and played each of the top three sides on the ladder while holding said top sides scoreless – and now they get to return to the Emirates Stadium for the best home ground advantage in the WSL. Arsenal Women are now undefeated from their last 15 matches at the Emirates, which spells disaster for West Ham Women, who sit second-last on the WSL table and in danger of relegation. There is every reason to be confident in the home side in basically every market, though they are of course at very low odds given their current form. At slightly better odds, the market that appeals is the home side to control the game across both halves in the HalfFull double. They've done so in four of their last five games across all competitions, and against a reasonably strong London City Lionesses Women last round they were already ahead just 15 minutes into the game through Olivia Smith – her fifth goal in her last six matches across all competitions for Arsenal Women. While it was somewhat impressive West Ham Women were able to keep Manchester United Women scoreless in their midweek encounter, they now need to back up against an Arsenal Women in scintillating form just three days later whilst missing a couple of their best players. Trust the home side to control the encounter across 90 minutes.

HEAD TO HEAD

Arsenal Women have dominated West Ham Women over the last few seasons; winning all four of their clashes across all competitions by a combined 13 goals to just four for the latter. After cruising to a 2-0 victory in a preseason friendly, Arsenal Women stepped it up back in Round 2, thrashing West Ham Women 5-1. Such was their dominance, West Ham Women didn't manage a single shot on target, with their sole goal coming from a lucky own goal from the Arsenal Women's goalkeeper.

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Bet type: First_Team_To_Score

London City Lionesses Women vs Chelsea Women

Chelsea Women look to get off to yet another fast start.

TEAM NEWS

Saki Kumagai and Alanna Kennedy are unavailable for London City Lionesses Women as they are away at the Asian Cup. French international Delphine Cascarino is in doubt with an injury, and it would be a massive boost to the attack if she can return.

Chelsea Women announced key centre-back Nathalie Bjorn had suffered a season-ending calf injury; which happened just minutes into her comeback from a separate injury on the weekend. With fellow centre-backs Naomi Girma and captain Millie Bright also in huge doubt, that really stretches the club's defensive stocks. It also appear forward Catarina Macario will depart the club as a record NWSL signing, while Ellie Carpenter and Sam Kerr will miss due to playing in the Asian Cup final.

London City Lionesses Women

Suspended: None

Doubtful: Delphine Cascarino (injured)

Injured/unavailable: Corinne Henson (hamstring); Saki Kumagai and Alanna Kennedy (Asian Cup)

Chelsea Women

Suspended: None

Doubtful: Millie Bright (shin), Naomi Girma (injured)

Injured/unavailable: Mayra Ramirez (leg), Brooke Aspin (ACL), Nathalie Bjorn (calf), Niamh Charles (ankle), Catarina Macario (leg); Ellie Carpenter and Sam Kerr (Asian Cup)

MATCH PREVIEW

MAIN PREDICTION: First to Score - AWAY

London City Lionesses Women might be on a four-match losing run across all competitions, but they have actually been quite impressive during that time, and guilty mainly of not taking their chances. They had more shots on target and big chances on goal than their opponents in a 2-1 loss to Manchester United Women; while they had the same amount of big chances and shots on target as powerhouse Arsenal Women in their 2-0 loss on the weekend. Things don't get much easier in this game, where they take on the reigning champions Chelsea Women. Desperately needing a victory to stay ahead in the race for Champions League spots, Chelsea Women had a huge scare against Brighton Women, before hanging on to record a 2-1 victory midweek. Hugely depleted by injury, they now need to back up three days later away from home in yet another crucial match for their Champions League hopes. While they go into the match quite rightly as favourites, given the state of the squad, it would be hard to trust them in the home-away-draw market at such low odds. Better value and confidence comes with the First to Score market, which has been very good for Chelsea bettors. They've been the first team to score in 14 of their 17 matches this season and have often got off to such lightning starts that eight of their goals have come in the opening 15 minutes. That occurred yet again midweek in the win over Brighton Women, when Alyssa Thompson's header put them ahead just 13 minutes into the contest.

CAN ADD THIS TOO IF YOU WANT

Another option that appeals at very big value is the handicap market, no matter if the number is +1 or +2. The home side appeals given Chelsea Women's injury woes and quick back-up from midweek. London City Lionesses Women have been playing in far better form than the results suggest.

HEAD TO HEAD

Chelsea Women have beaten London City Lionesses Women on the two occasions they have met across all competitions; with the first a 5-0 thumping during the 2021 FA Cup. Earlier this season it was slightly closer, with Chelsea Women winning 2-0 and both teams having just three shots on target for the match.

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Bet type: HaFu

Manchester City Women vs Tottenham Women

Manchester City Women to get title campaign back on track with comfortable win.

TEAM NEWS

Four key Manchester City Women's players will miss this game as they are away at the Asian Cup, which is really stretching the club's depth. Midfielder Grace Clinton is also dealing with niggling injuries so she is in doubt for this clash – but likely would have started on the bench anyway.

Tottenham Women's two regular starting centre-backs, Clare Hunt and Toko Koga, are both out of this clash as they are away at the Asian Cup; as is talented winger Maika Hamano. There is a chance Amy James-Turner and Ella Morris can return from long-term knee injuries, but it would likely only be from the bench.

Manchester City Women

Suspended: None

Doubtful: Grace Clinton (injured)

Injured/unavailable: Mayzee Davies (ACL), Naomi Layzell (hip surgery); Ayaka Yamashita, Aoba Fujino, Yui Hasegawa and Mary Fowler (all Asian Cup)

Tottenham Women

Suspended: None

Doubtful: Amy James-Turner (knee), Ella Morris (ACL)

Injured/unavailable: Luana Buhler (knee), Maite Oroz (ACL), Jess Naz (ACL); Clare Hunt, Toko Koga and Maika Hamano (all Asian Cup)

MATCH PREVIEW

MAIN PREDICTION: HalfFull – HOME/HOME

Yes, Manchester City Women's depth was tested with four of their best players away at the Asian Cup, but it was an absolute shock they could only manage a scoreless draw against Aston Villa Women last round. Their opponents sat ninth on the WSL ladder, and were missing captain Rachel Daly among others, and were a team Manchester City Women should've beaten by three or more goals. It wasn't as if either team didn't create chances either; both had four shots on target and it was only a scoreless game due to some sensational goalkeeping. But Manchester City Women have Arsenal breathing down their neck when it comes to the WSL title race; with the latter potentially just five points behind if they win their two games in hand. So Manchester City Women must bounce back in this match if they are to keep hold of their advantage, and they get the chance to do exactly that against a Tottenham Women's side missing their regular starting centre-backs. That spells disaster against two of the WSL's best strikers of all-time, Vivianne Miedema and Bunny Shaw – who have combined for 23 goals and nine assists already this season. They will be smarting from the draw last weekend and look to get off to a lightning start, and ensure they control their destiny right across the 90 minutes. The Half-Full double for Manchester City Women to be leading at the end of both halves appeals at good value, something they've done in 10 of 17 matches this season. Given they also thumped Tottenham Women 5-1 earlier this season, the handicap would also appeal if it is at -2 or less at very good value.

HEAD TO HEAD

Tottenham Women have never managed to beat Manchester City Women from four attempts across all competitions, with the latter winning their last three clashes in a row comfortably. That was certainly the case back in Round 3, after a stirring three-goal first half performance guided Manchester City Women to a 5-1 thrashing, that also included a missed penalty to their superstar striker Bunny Shaw.

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Writing profile

Kristy Williams is an experienced sports journalist with over a decade in the industry. For the past two years, she has specialized in covering the Women's Super League, providing in-depth reporting and detailed statistical analysis for the league's broadcast rights holder. She has also written extensively on the A-League Women and produced betting content for William Hill and Sportsbet, alongside football coverage for outlets including the Daily Mail and Optus Sport. Kristy currently works with UEFA, covering European domestic and international tournaments.